



GRAIN FREE PUMPKIN BREAD

Yield: Serves 10

Ingredients:

- ❖ 1 cup almond butter
- ❖ ½ cup coconut flour
- ❖ ¼ teaspoon baking powder
- ❖ ½ teaspoon baking soda
- ❖ 4 large eggs
- ❖ ½ cup maple syrup
- ❖ ½ cup pumpkin puree
- ❖ 1 tablespoon cinnamon
- ❖ 2 teaspoons nutmeg
- ❖ 1 teaspoon ground ginger
- ❖ 1 teaspoon allspice
- ❖ 1/8 teaspoon salt



Procedure:

1. Preheat oven to 375 degrees.
2. Line a loaf pan with parchment paper.
3. In a large bowl, combine all ingredients. Using a hand mixer, mix until well combined.
4. Pour into loaf pan.
5. Bake for approximately 45 minutes. Insert a toothpick into the center. It's done if it comes out clean.
6. Can be stored in airtight container in a cool place for 2-3 days and then stored in the refrigerator.