



MINTY FRESH CUCUMBER SALAD

Yield: 6-8 servings

Ingredients

- ❖ 1 seedless cucumber, thinly sliced
- ❖ 1 medium green apple, thinly sliced
- ❖ 1 handful fresh mint, chopped
- ❖ ¼ cup crumbled feta
- ❖ 1 small red onion, thinly sliced
- ❖ juice of 1/2 lemon
- ❖ 3 tablespoons extra virgin olive oil
- ❖ Sea salt and freshly ground pepper to taste



Procedure:

1. In a medium size bowl, gently toss together the cucumbers, apples, onion, apple and mint leaves.
2. Add lemon juice, olive oil, salt and pepper.
3. Top with crumbled feta before serving.